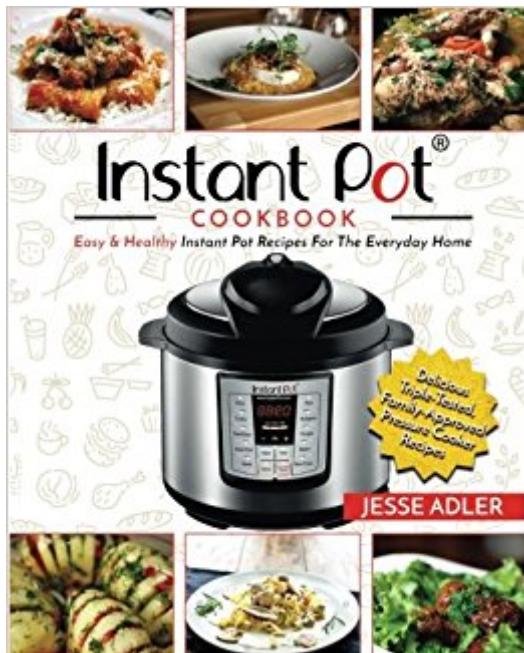


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# Instant Pot Cookbook: Easy & Healthy Instant Pot Recipes For The Everyday Home — Delicious Triple-Tested, Family-Approved Pressure Cooker Recipes (Electric Pressure Cooker Cookbook) (Volume 1)



## Synopsis

Who says you must spend a significant amount of time when preparing a tasty and healthy meal. The era of cooking drudgery is far behind us, but most us still cook less efficiently than we can. Although we do not break our backs to make food, still some of us spend so much time preparing a meal that we end up being too exhausted to eat it the way you would have wanted. Instant Pot technology allows you to make healthier meals in half the time it takes to prepare the same meal using a regular cooker. Instant Pot can function as a Crock Pot, rice cooker, steamer, sautÃ© pan and pressure cooker. Owning this piece of technology will add efficiency to your cooking process; however, it is your knowledge of Easy and Healthy Instant Pot Recipes that turns an Instant Pot into a tool that only produces tasty meals. In this comprehensive guide on Instant Pot and Instant Pot recipes, you will learn everything about this fascinating machinery including its features, origin, functions, and how to effectively operate it. In addition, this book provides a thorough walk-through on how to prepare Easy and Healthy Instant Pot Recipes for the everyday home. The over 100 meal recipes discussed in this book are categorized under: Breakfast Recipes Fish and Seafood Recipes Vegetarian Recipes Dessert Recipes Snack Recipes Sauce Recipes Soups & Stews The recipes are easy to follow and can be used by anyone regardless of their background. Go ahead and explore an incredible variety of nutritious and delicious recipes that you make with the magical Instant Pot.

## Book Information

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## Customer Reviews

There are a lot of really great recipes in this book, but I wish there were more recipes for what I would term 'family entrees' - food that you can feed kids that they will really like - simple recipes that I can whip up fast without mushrooms, wine...This book is well layed out, lot of different recipe categories and detailed instruction for every step.

Gave a good amount of options for those nights when I don't feel creative. I make almost all of our meals at home for the family. I've been playing around with my power cooker 8qt, and was ready to try new recipes. Bookmarked quite a few of them. Worth the purchase!

Some good recipes, but too many slow cooker recipes. No description or background for each recipe, a very bare-bones edition. Additional comment... try the chicken risotto at some point. Who was in charge of editing this book!?!? I tried... now moving on to more helpful cookbooks.

This recipe book is too impressive. With this wide range of recipes I can make different dishes each day. It helped me prepare food to my family fast but not sacrificing the delightful and tasteful food. The recipes are so yummy and easy to prepare. This book is recommended to all.

I call this an "Assemble" book .... Not A Cook Book!!! It's nothing more than lists of ingredients to throw into an Instant Pot and then press a button! No suggestions to vary the original ingredients in order to actually create some different tastes. Totally lacking in creativity. AND, to make things worse ..... it is the most 'poorly edited' book I have ever set my eyes upon. Case in point .... the recipe for Honey Garlic Chicken Wings contains four (4) simple ingredients, none of which is ..... "GARLIC'...!!!! I haven't wasted my time looking beyond such a slovenly presentation,,,,,,

There are several errors in the recipes, such as chicken risotto. Spinach is in the list of ingredients but is not used and cheese is called for but is not on the list of ingredients. With some creativity the finished product is good. Recipes should have been proofed better.

This book is okay, nothing great. A good editor would have made the book much better...many things that are missing or unclear would have been caught. I was also hoping for more creativity in recipes...not there.

Not very good. Book that came with iPot better.

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